**Role Description**

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| Job Title: | Connect North Link Worker (Antrim & Newtownabbey) |
| Current Location: | Ballyclare Town Hall, BT39 9BB |
| Contractual Status of Role: | Fixed Term Contract to 31 March 2026 with possibility of extension. |
| Hours: | 35 hours (5 days with hybrid working) |
| Job Title of Line Manager: | Head of Wellbeing Services |
| Job Purpose: | The post holder will be required to deliver health and wellbeing programmes as part of the trust health and wellbeing service. The post holder will work within a team to deliver individual and community-based interventions to support the needs of service users, families/carers and staff, ensuring a high quality of service.The programme aims to encourage and enable self-efficiency in the delivery of a social prescribing service. The post holder will support people to identify their holistic needs, co-create a personalised care plan and support connections to appropriate information and services.The post holder will be required to plan and deliver wellbeing events and facilitate drop-in sessions. |
| Main Responsibilities/ Deliverables: | * To undertake training required to fulfil the role
* To identify, plan and deliver holistic individual needs led and/or structured support/prevention interventions in line with licenced and other developed programmes, completing appropriate documentation.
* To motivate and support service users, families/carers and staff through approved methods of communication and motivational influencing techniques to support holistic needs, change health and wellbeing behaviour and encourage self-efficacy to achieve improved outcomes and reduce health and wellbeing risks.
* To contribute to the development of pathways and resources for follow on support.
* To support the development and maintenance of a database of local health and wellbeing initiatives for onward referral and signposting to further facilitate self-efficacy and behaviour change.
* To be flexible in approach, particularly in relation to the evolvement of the service.
* Contribute to the planning and organisation of training course, scheduled programmes and events delivered by the health and wellbeing team.
* To undertake data collection and analysis/presentation and assist in needs assessment and service evaluation as required.
* Ensure adherence, through his/her own actions to the principles of Equality and Human Rights legislation and policies on data protection, health and safety and fire.
* To participate in supervision and the appraisal and development process, identifying training needs and attending meetings/training courses as required or as appropriate to the duties of the post.
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| Experience: | * Applicants must have a degree (or working towards) or a recognised professional qualification or equivalent/higher qualification in Health and Wellbeing, Community Development or in a Social or Behavioural Sciences.

**PLUS*** Clearly demonstrate a minimum of 1 year post qualifying experience in a role with experience in population health and wellbeing practice.

**OR*** Clearly demonstrate a minimum of 2 years’ experience in a role with experience in a health and wellbeing role.
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| Knowledge: | * Good working knowledge of health and wellbeing behaviour change.
* Knowledge of population health trends and challenges these present.
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| Skills: | * Demonstrate effective communication skills to meet the needs of the post in full, including online.
* Demonstrate effective organisational skills to plan and deliver individual and/or community interventions effectively.
* Experience in the use of ICT/Data management systems/packages to record, analyse and report on information including word, spreadsheets, email and online survey tools.
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| Additional Circumstances: | * Full current driving licence and access to a car for business purposes, or access to a form of transport to meet the travel requirements of the post.
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| **Notes***:* * *This role description is not intended to be exhaustive in every respect, but rather to clearly define the fundamental purpose, responsibilities and dimensions for the role. Therefore, this role description does not describe any individual role holder.*
* *In addition to the contents of this role description, employees are expected to undertake any other reasonable and related tasks allocated by line management.*
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