



HEADWAY HORTICULTURE HAPPENINGS 2021



This week we began our second set of experiments within our Horticulture Therapy Project. Participants also had the opportunity to share their Mung beans progress from last week's experiment!

The groups are enjoying connecting online with one another and comparing their experiences, learning more about nature, setting up their experiment and connecting as a group.

Our Horticulture Therapist, Robbie Breadon (Common Ground), also guided the group through a series of mindfulness techniques and guided them with their second experiment.

Follow us to see how the peas and beans planted in Week 2 develop!

In the words of Orrin Tucker's, popular nursery rhyme about gardening,

"Mary, Mary Quite Contrary - how does your garden grow??"

"Headway, Horticulture's not a bit contrary... with our Mung beans all in a row!"

