

JOB DESCRIPTION

Position: Disability Sports Hub – Activity Leader

Location: Mainly at **Bangor Aurora** but could also include other venues

throughout the Ards and North Down Borough Council area, as

required.

Reports To: Community Sport Manager

Salary: £10 per hour

Hours: Hours will vary from week to week, however it is anticipated that the

average working hours will be up to 40 hours per month. The majority

of the work will be in the evenings and weekends.

Duration: September 2018 – August 2020 (subject to funding)

Background Information:

Disability Sport NI is the main disability sports charity in Northern Ireland working to improve the health and wellbeing of children and adults with disabilities through sport and active recreation.

We work with people with physical, sensory and learning disabilities of all ages and with schools, disability groups, sporting organisations and clubs to ensure that everyone can benefit from sport and active recreation.

We believe that every person with a disability has the right to participate in all aspects of life and are committed to building a more inclusive society where people with disabilities have an equal opportunity to lead a full, active and healthy lifestyle through sport and active recreation.

We also work closely with Sport Northern Ireland and Governing Bodies of Sport to ensure that talented disabled sports people have the same opportunity as their non-disabled peers to train, compete and excel in their chosen sport on the world stage.

At the heart of who we are is the belief that participation in sport and active recreation at any level is a positive and transformational experience.

We understand the positive impact of sport and active recreation because every day we see how our work changes the lives of people with disabilities for the better.

Last year our programmes benefitted over 10,000 children, young people and adults across Northern Ireland, but looking to the future we know we can do more.

District Council Disability Sports Hub Project

Through the Active Living: No Limits 2021 Action Plan, Disability Sport NI has launched the District Council Disability Sports Hub Project in Northern Ireland funded by the Department for Communities through Sport NI. The £500,000 project aims to improve the health and wellbeing of people with disabilities in Northern Ireland through participation in sport and active recreation.

All eleven district council areas in Northern Ireland have received disability sports equipment packs which includes: twelve sports wheelchairs, three track racing chairs, five hand cycles, four tandem bikes, three trikes, three boccia sets and one sensory activity pack.

Through the District Council Disability Sports Hub Project, Disability Sport NI will be supporting the development of sustainable sports clubs including wheelchair basketball, goalball, inclusive cycling and multi-skills within each hub. This project will raise the visibility of disability sports opportunities and encourage more people with a disability to **be** active and be the best.

Job Purpose:

1. District Council Disability Sports Hub Programmes

To work in liaison with Northern Community Leisure Trust/Ards & North Down Borough Council to support the development and delivery of a range of inclusive participation programmes through the new 'District Councils Disability Sports Hub Project' which will enable more people with disabilities to lead a fit and active lifestyle in their local community.

2. Volunteers

To co-ordinate and support a small pool of Disability Sport NI volunteers in the area, who, will be recruited to assist with the delivery of a range of inclusive activities for people with disabilities.

3. Information, Advice and Support

To encourage and support people with disabilities to participate in sport and physical activity opportunities through the provision of appropriate information and advice.

Main Duties and Responsibilities

1. District Council Disability Sports Hub Programme

- 1.1 To engage fully in Disability Sport NI's Induction process and Training, enabling the post holder to gain the necessary knowledge and skills to deliver the Hub activities.
- 1.2 To liaise with the Disability Sport NI's Community Sport Manager and the District Council Liaison Officer, to ensure adherence to Hub Programme objectives.
- 1.3 To be available for weekly Hub Programme sessions, ensuring that all activity venues have the appropriate level of access and that the area allocated is suitable for the planned activities to be delivered in a safe environment.
- 1.4 To assist with the planning and content of the Hub activity sessions, when required. Activities to include: Boccia, Wheelchair Sports, Multi Sports for People with Sight Loss and Inclusive Cycling sessions.
- 1.5 Ensure relevant equipment is available for the activity sessions and that it has been safety checked prior to use.
- 1.6 To deliver multi-sports activities to a range of participants with disabilities, health conditions and their non-disabled peers.
- 1.7 To ensure that records of activity sessions are kept up to date for monitoring and evaluation purposes.
- 1.8 Liaise with Disability Sport NI's Communication & Marketing Officer regarding promotional and social media opportunities relating to the Hub programmes.

2. Volunteers

- 2.1 To co-ordinate and support local volunteers ensuring they are available to deliver the relevant hub programmes.
- 2.2 Ensure volunteers have received the appropriate training to assist with the delivery of activity sessions.

- 2.3 Keep a record of all volunteer activity connected with the Hub programme.
- 2.4 In liaison with the Community Sport Manager to ensure that all volunteers are trained in the areas of safeguarding.
- 2.5 In liaison with the Community Sport Manager to ensure Access NI checks are carried out on volunteers in line with Access NI guidelines.

3. Other Responsibilities

- 3.1 To encourage and support people with disabilities to participate in sport and physical activity opportunities through the provision of appropriate information and advice.
- 3.2 To ensure all sports and active recreation sessions and events are organised safely in line with Disability Sport NI's health and safety policies and procedures.