



WAVE Trauma Training

The Living Legacy of Trauma: Giving the Body Its Due

Venue: WAVE Trauma Centre, 18 Holmview Avenue,

Omagh, BT797RA.

Dates: 2nd, 9th, 16th and 23rd February 2018

10 am – 4 pm

Who is the course designed for?

Anyone working or caring for people who have experienced trauma. This course will give them a greater understanding of how to recognise trauma and the physiology and psychology of trauma. Students will explore 'Top Down' and 'Bottom Up' processing and why both are necessary.

This course will examine:

- The impact of psychological trauma on the physical body.
- How trauma becomes trapped in the body as well as the mind.
- Safety in the body and treatment approaches to heal the body
- Define trauma and post-traumatic stress disorder
- Understand the factors and processes that can impact the resolution of trauma
- Students will explore topics such as the anatomy of survival, neuroscience and trauma,

Requirements for course accreditation

Participants will be required to complete a 2,500 word assignment for course accreditation. Successful participants will receive 10 CATS Points (Level 1) through Open Learning, School of Social Sciences, Education and Social Work, Queen's University, Belfast.

Course Fees £85

Course Objectives

- Define trauma and post-traumatic stress disorder
- Explain the neurobiology of trauma
- Recognise developmental and Big T trauma
- Understand the factors and processes that can impact the resolution of trauma
- Explain treating trauma – rupture and repair.

How to register

To enrol online - Copy & paste the link below into the address bar in google – The course will be 6th on the list

<http://knock.qub.ac.uk/ecommerce/oltransactions/index.php?cPath=101>

For further information contact Gordon or staff at the centre on 02882252522 or email: g.buchanan@wavetrauma.org

***You are strongly advised to enrol early due to limited places on the course**