Consultation Workshop for Parent Carers of Disabled Children

## ransition

Change Ahead

## Preparing Children with Disabilities for Adulthood

Moving into adulthood is a challenging time for all young people with disabilities and their parents. What choices exist and will they help the young person lead a fulfilling life?

Many parents feel anxious at this time, predicting poor services or a possible lack of choice for their children. The support they may have enjoyed through local parents' groups or local children's services may seem to be about to fade away.

Contact A Family and Carers NI are facilitating parent led consultation workshops to identify the main issues and any information gaps that if addressed, may help parents, carers and young people be better prepared, and more empowered to make decisions and choices for a successful transition.

For parents or carers of children with a disability who are:

- soon to begin the process of transition
- are undergoing the process of transition
- who have recently gone through the process of transition

Belfast Health and Social Care Trust Area

Thursday 23rd February 2017

10:30-12:30

Merrion Business Centre, (Conference Room)

58 Howard Street, Belfast, BT 1 6PJ

Places are limited so booking is essential. Please contact **Lindsay Wallace at nireland.office@cafamily.org.uk** or telephone 028 92 627552 for more information or to book your place.

contact a family for families with disabled children





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