

Active Support Workshop (2-Day)

Team Leaders, Middle & Senior Managers

Thursday 23th & Friday 24th November 2017

10.00 am - 4.00 pm

ARC NI

Wildflower Way,

Boucher Road, Belfast BT12 6TA



This two-day workshop is aimed at managers with teams of support workers, to understand and embed Active Support within their services/organisation. Active Support is a model that challenges staff to enhance their skills to empower people with support needs to take the lead in functional and meaningful activities.

What is Active Support?

Active Support is a person-centred approach, that grows the skills of people supported by promoting inclusion; independence and choice in everyday activities; improving staff team confidence and morale; turning person-centred support into person-centred action and supports services to show quality of life outcomes. Active Support fits with Positive Behaviour Support as it forms a major part in primary prevention.

Day 1: Introduction to Active Support

By the end of day 1, participants will:

- understand the history of Active Support
- learn how to provide support that promotes participation and engagement
- explore the opportunities to engage people in meaningful activities at home and in their community
- learn simple ways of monitoring staff support
- understand how to embed active support within your team.

Day 2: Interactive Training Coaching and Practice Leadership (Theory) - Embedding Active Support in the Service)

By the end of the day 2, participants will:

- explore current practice what needs to change
- have identified both formal and informal skills to assist supervision - through practical observation of role play
- identify achievable goals and set monitoring outcomes – review of simple paperwork
- gain the skills to motivate staff teams and promote progression
- understand how to work beyond the paperwork.

Cost ARC Members £165.00 | Non-Members £235.00

Location ARC NI, Wildflower Way, Boucher Road, Belfast BT12 6TA

Booking Arrangements To secure a place complete and return the attached booking form to training.ni@arcuk.org.uk

